



Word of Mouth

2 Nelson Road, Whitstable, Kent CT5 1DP

The patient's practice newsletter

www.khdp.co.uk

July 2010

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The ABC of Cosmetic Dentistry

Every decade or so, a new concept appears in dentistry that eventually has a huge impact on the way we work. Sometimes it is a completely new tool (for example, the invention of the high speed hand piece in the 1960s) and sometimes it is a new material or technique (for example, the introduction of porcelain veneers in the 1990s).

In the past 18 months a new concept has been slowly developing which combines three existing treatments to produce fantastic new smiles with minimal intervention or loss of tooth tissue. This new technique will be able to help countless people who currently lack the confidence to smile because of crooked, dark or worn front teeth.

This is the new ABC of cosmetic dentistry.

Over the last 5 years, many dentists have learnt the skills to provide the Bleaching and the Composite bonding. What has been missing is a simple technique which dentists can use for the rapid alignment of the front six teeth that show, called "the social six".

Conventional upper and lower braces for adults normally take 12 to 18 months to complete; this limits treatment to only highly motivated individuals.

Things have now changed.

The last year or two has seen the development of new fixed and removable braces which can straighten mild to moderately crowded front teeth in as little as 16 to 24 weeks. At last adults have a fast, predictable and affordable way to straighten their front teeth.

Alignment, combined with **Bleaching** and **Composite bonding**, can improve a person's smile and confidence without having to have any teeth removed or drilled to make space for porcelain veneers or crowns.



www.social6braces.com

Best wishes

Dr Paul Downes
BDS MGDS DGDG LDS

A Alignment

(straightening just the front teeth which show)

B Bleaching

(whitening the teeth)

C Composite bonding

(reshaping worn teeth with a strong, natural-looking filling material)