



# Word of Mouth

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The patient's practice newsletter

September 2009

**YOU ARE NOW  
DUE FOR  
YOUR ROUTINE  
CHECK-UP**

**Please contact the  
practice to arrange a  
suitable  
appointment**



## **Mouthguards for sport**

Now is the time to be thinking about getting your son or daughter kitted out with a custom-made mouthguard.

As a dentist, it is always sad to treat a child who has fractured a front tooth or had it completely knocked out as a result of a sporting accident.

In almost every case, the damage could have been prevented or reduced had a suitable custom-fitting mouthguard been worn, and at a cost of only £39, it makes good financial sense. Don't rely on a cheaper substitute that may not do the job.

## **'Social 6' website**

Following on from the popularity of the 'social 6' braces, we have created a new website which contains more information about this exciting new technique.

[www.social6braces.com](http://www.social6braces.com)

Most people wish for straight teeth, no matter what age. However, most people baulk at the idea of a long course of upper and lower braces to rectify the situation. Until now .....

[www.social6braces.com](http://www.social6braces.com)

We now offer a range of solutions to correct mildly crooked upper or lower front teeth. These can quickly and gently guide the front teeth to create a more attractive smile.

[www.social6braces.com](http://www.social6braces.com)

Because we only concentrate on moving the front teeth, treatment time is dramatically reduced to around **12-18 weeks**. They are suitable for adults of any age and older teenagers.

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We offer 3 different types of 'social six' braces; both fixed and removable. Prices range from £450 - £1250. Like conventional braces, you must wear a retainer following treatment to stop the teeth from moving.

[www.social6braces.com](http://www.social6braces.com)

*Best wishes*

**Dr Paul Downes**  
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